

# Barton Park Autumn Term Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Weeks Commencing
Option 1	Quorn Bolognese (V)(H)	Mexican Wrap (H)	Roast Chicken (H) (GF)	Meatballs in Tomato Sauce (H)	Battered Cod (H)	2-Sep
Option 2	Vegetarian Sausage Roll (V)(H)	Macaroni Cheese (V) (H)	Cheese & Onion Turnover (V)(H)	Lasagne (V)(H)	Cheese & Potato Pinwheels (V)(H)(GF)	21-Sep
Option 3	Jacket Potato with a Choice of Fillings					12-Oct
Accompaniment	Potato Wedges Broccoli Peas	Corn on the Cob Green Beans	Roast Potatoes Carrots Cauliflower	Garlic Bread Mixed Vegetables	Chips Baked Beans Peas	9-Nov
Dessert	Orange Jelly	Lemon cake	Mousse	Fruit Selection	Vanilla Ice Cream	30-Nov
Water ,Salad bar , Fresh Fruit , Yogurt always available						
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Weeks Commencing
Option 1	Tomato & Basil Pasta Bake (V)(H)	Salmon Bites (H)	Roast Chicken (H) (GF)	Chicken Korma (H) (GF)	Sausage In Gravy (H)	7-Sep
Option 2	Paella (V)(H)(GF)	Macaroni Cheese (V) (H)	Savoury Mince (V)(H)	Spinach & Potato Curry (V)(GF)(H)	Cheese Omelette (V) (H)(GF)	28-Sep
Option 3	Jacket Potato with a Choice of Fillings					19-Oct
Accompaniment	Garlic Bread Sweetcorn Carrots	New Potatoes Green Beans Broccoli	Roast Potatoes Vegetable Medley	Rice Naan Carrots	Chips Baked Beans Peas	16-Nov
Dessert	Cookie	Flapjack	Chocolate Crispie	Strawberry Jelly	Shortbread	7-Dec
Water ,Salad bar , Fresh Fruit , Yogurt always available						
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Weeks Commencing
Option 1	Wholemeal Vegetable Pizza (V) (H)	Barbecue Chicken (H)(GF)	Roast Chicken (H) (GF)	Lasagne (H)	Fish Fingers (H)	14-Sep
Option 2	Creamy Vegetable Crumble (V)(H)	Quorn Sausage (V) (H)	Broccoli & Cauliflower Bake (V) (H)	Herby Potato Bake (V)(H)(GF)	Quorn Dippers with Tomato Sauce V)(H)	5-Oct
Option 3	Jacket Potato with a Choice of Fillings					2-Nov
Accompaniment	Couscous with Peas Broccoli	Mashed Potato Carrots Broccoli	Roast Potatoes Cabbage Carrots	Garlic Bread Vegetable Medley	Chips Peas Baked Beans	23-Nov
Dessert	Iced Bun	Custard Tart	Fruit Selection	Eton Mess	Chocolate Cake	14-Dec
Water ,Salad bar , Fresh Fruit , Yogurt always available						